

# RECIPE GUIDE

OCOATE DARK CHOCOLATE COUVERTURE 70% INAYA DARK CHOCOLATE COUVERTURE 65% ALUNGA MILK CHOCOLATE COUVERTURE 41%

## Pure beans, pure taste, pure and intense recipes thanks to: «*Q-fermentation*»»

In 1842, Charles Barry, a visionary with a passion for chocolate, travelled to Africa in search of the best cocoa beans. As a result, a premium line of chocolate, tailored specifically for professionals was born. 170 years later, Cacao Barry<sup>®</sup> continues this legacy and returns with the same dedication to creating high quality products. This quest for excellence has led to the creation of three exceptional chocolate couvertures: **Ocoa**<sup>TM</sup>, **Inaya**<sup>TM</sup> and **Alunga**<sup>TM</sup>.

«New generation» chocolates enriched with cocoa solids and developed specifically for use in baking or chocolate making.

Now you can discover our recipes of pure and intense taste of cocoa developed by our Chocolate Academy<sup>™</sup> Centre Chefs in Meulan, perfectly balanced recipes that will surprise and delight your customers.

The Cacao Barry® Team

✓ With our three new generation chocolates enriched with cocoa powder and optimized for specific use, you will be able to enhance your recipes with an ideal balance between taste and texture. Dare to combine various ingredients and tastes using these chocolates of unique flavour: 65% Inaya<sup>™</sup> for your mousse and ganache preparations, 70% Ocoa<sup>™</sup> and 41% Alunga<sup>™</sup> for your coatings and glazes.≫



PHILIPPE BERTRAND M.O.F. Chocolatier - Confiseur, Director of Chocolate Academy™ Centre France & MARTIN DIEZ Head Pastry Chef of the Chocolate Academy™ Centre France



Purity from Nature

## DISCOVER OUR <u>3</u> NEW CHOCOLATES

dark chocolate	dark chocolate	milk chocolate
couverture	couverture	couverture
Ocoa™	INAYA™	Alunga™
70%	65%	41%
A 70% dark chocolate couverture with a very pure and intense cocoa taste and a good balance between bitterness and acidity. An ideal chocolate couverture for moulding and coating purposes, which will beautifully enhance your fillings.	A 65% dark chocolate couverture with a pronounced cocoa taste and a long finish with a good balance between bitterness and acidic and fruity notes. A product enriched with fat free cocoa solids ideal for pastry preparations: ganaches, mousses, smooth gateaux and chocolate drinks.	A 41% milk chocolate couverture with a very intense and complex taste. Rich in cocoa with notes of milk, this slightly sweet milk chocolate couverture reveals beautiful notes of lightly roasted cocoa beans that develop into a smooth and outstandingly long finish. Ideal for mousses, ganache and chocolate drinks.





Join us in our quest for pure and intense flavours: www.purityfromnature.com



## CHOCOLATE MOELLEUX

Makes 12 individual Moelleux

<b>INAYA</b> <sup>™</sup>	CHOCOLATE	GATEAUX
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Mix with a whisk	375 g	Eggs
	275 g	Sugar
	225 g	Inaya™ 65% dark chocolate couverture
Melt in the microwave	212 g	Butter
Add the egg and sugar mixture to the chocolate and melted butter.		
Lightly mix and add 117 g Sifted flour		
Stir the mixture until a smooth texture is obtained.		
Place the mixture into buttered moulds.		

Cook in the oven at 320°F/160°C for approximately 10 minutes.

This Chocolate Moelleux is enhanced by the pure and intense flavour of the dark Inaya<sup>TM</sup> dark chocolate converture.



"This Moelleux served hot enhances the pure and intense aromas of the **65% Inaya™ dark chocolate couverture**. Its natural black-amber color will delight all chocolate connoisseurs."

Philippe Bertrand MOF Chocolatier-Confiseur Director of Chocolate Academy™ Centre France



## MACAROON

#### Makes 75 macaroons

INAYA <sup>™</sup> SHELLS				
	360 g	Sugar		
Cook at 253.4°F/123°C	80 g	Water		
Pour over	130 g	Lightly beaten egg whites		
Make an Italian meringue				
Blend and sift	365 g	Ground almonds		
	370 g	Icing sugar		
	65 g	Plein Arôme cocoa powder		
Add	125 g	Raw egg whites		
Blend the two mixtures together once the Italian meringue is at $104^{\circ}F/40^{\circ}C$ .				

Pipe onto a baking sheet and bake for 12 minutes at 302°F/150°C.

### **INAYA**<sup>™</sup> GANACHE

Bring to a boil	200 g	Cream
	30 g	Butter
	40 g	Inverted sugar
At 176°F/80°C, pour over	225 g	Inaya™ 65% dark chocolate couverture

Pour the cream at 176°F/80°C over the Inaya<sup>™</sup> 65% dark chocolate couverture. Emulsion the ganache in a food processor. Reserve in a bowl.

### ASSEMBLY

Place approximately 4 g of Inaya<sup>™</sup> ganache between two Inaya<sup>™</sup> shells.

Place in the refrigerator prior to serving.

Enjoy a contrast of tastes with  $Alunga^{TM}$  milk chocolate converture

## **ALUNGA**<sup>™</sup>SHELLS

Same process as **Inaya**<sup>™</sup> shells except for:

Sift 40 g of Plein Arôme cocoa powder instead of 65 g.

Alunga™ Ganache			
	200 g	Cream	
Bring to a boil	50 g	Butter	
	20 g	Glucose	
At 176°F/80°C, pour over	180 g	Alunga™ 41% milk chocolate couverture	





# HOT CHOCOLATE

#### Makes five 5.4 ounce (160 ml) cups

## **INAYA<sup>™</sup>** HOT CHOCOLATE

Bring to a boil	500 g	Whole milk
Pour over	100 g	35% cream
Add	140 g	65% Inaya™ milk chocolate couverture
	40 g	Sugar
	20 g	Extra Brute cocoa powder
Let sit for 12 hours.		

Serve at 140°F/60°C.

Add more lightness with  $Alunga^{TM}$ milk chocolate converture.

### **Alunga™** Hot Chocolate

Bring to a boil	500 g	Whole milk
Pour over	100 g	35% cream
Add	175 g	Alunga™ 41% milk chocolαte couverture
	10 g	Extra Brute cocoa powder

Let sit for 12 hours.

Serve at 140°F/60°C.





# Inaya<sup>TM</sup> 65% dark chocolate couverture

Makes approximately 960 g of ice cream



"Two recipes of the highest quality of the highest quality, combining a powerful taste with an exceptionally long aroma and optimal mouth feel."

Recipe produced by Bruno Cordier - M.O.F Ice Cream maker Cacao Barry Ambassador - Orléans - France

Inaya™ Sorbet		
	580 g	Water
Heat to 185°F/85°C	60	Inverted sugar
	20 g	Milk powder 0 % fat
At 122°F/50°C, add the following mixture	5 g	Emulsifying stabilizer
	20 g	Sugar
Keep cooking.		
At 158°F/70°C, αdd	312 g	Inaya™ 65% dark chocolate couverture
Finish cooking at 185°F/85°C		
Cool quickly then leave to mature	for 12 hours	

Mix and place in an ice cream maker

Add a touch of delicacy with Alunga<sup>TM</sup> wilk chocolate converture

Alunga™ Ice Cream			
	589 g	Whole milk	
Heat to 185°F/85°C	139 g	35% cream	
	18 g	Inverted sugar	
	2 g	Milk powder 0 % fat	
At 122°F/50°C, add the following mixture	5 g	Emulsifying stabilizer	
	35 g	Sugar	
Keep cooking.			
At 158°F/70°C, add	212 g	Alunga™ 65% Milk chocolate couverture	
	23 g	Glucose syrup	
Finish cooking at 185°F.	/85°C		
Cool quickly then let sit	for 12 hour	rs	
Mix and place in an ice	cream mak	er	







#### Makes 160 bonbons

### **INAYA<sup>™</sup>** GANACHE

Bring to a boil

365 g	Cream
65 g	Butter
30 g	Inverted sugar
30 g	Glucose syrup

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Let cool to 176°F/80°C

Pour over 460 g Inaya™ 65% dark chocolate couverture

Pour the mixture into a food processor and blend until completely smooth.

Place in a bowl and leave to cool to  $82.4^{\circ}F/28^{\circ}C$ .

Pour into 8 mm square moulds.

Cut the ganache into 2 cm squares.

### OCOA<sup>™</sup> COATING

Coat the ganache with Ocoa™ 70% dark chocolate couverture.

Blow on the bonbon after coating.

## Vary the recipe using Alunga™ milk chocolate converture

Makes 200 bonbons

#### Alunga™ Ganache 400 g Cream 100 g Butter Bring to a boil 40 a Glucose syrup 10 g Sorbitol powder Let cool to 176°F/80°C Alunga™ 41% milk 660 g Pour over chocolate couverture Pour the mixture into a food processor and blend until completely smooth. Place in a bowl and let cool to 82.4°F/28°C. Pour into 8 mm square moulds. Cut the ganache into 2 cm squares. **OCOA<sup>™</sup>** COATING Coat the ganache with Ocoa™ 70% dark chocolate couverture.

Sprinkle with **Extra Brute cocoa powder** and add an acetate sheet prior to full crystallization of the coating.





## MILK CHOCOLATE MOUSSE

#### Makes 10 individual mousses

### **Alunga™** Mousse

Bring to a boil	190 g	Whole milk
Pour over	300 g	Alunga™ 41% milk chocolate couverture
At 95°F/35°C, add	520 g	Soft whipped cream

Pour the boiling milk over the Alunga<sup>™</sup> 41% milk chocolate couverture. At 95°F/35°C, add the soft whipped cream.

Prior to serving, place an Alunga™ 41% milk chocolate couverture disk between two layers of Alunga™ mousse.

Serve between 71.6-75.2°F/22-24°C.

Inaya<sup>TM</sup> dark chocolate converture for a real treat !

Inaya™ Mousse					
	275 g	Whole milk			
Cook at 185°F/85°C	85 g	Egg yolks			
	60 g	Caster sugar			
Pass through a conical strainer and pour over	260 g	Inaya™ 65% dark chocolate couverture			
At 95°F/35°C, add	580 g	Soft whipped ream			

Make a custard, pass through a conical strainer and pour over the Inaya<sup>™</sup> 65% dark chocolate couverture at 95°F/35°C, add the soft whipped cream.

Prior to serving, place an **Inaya™ 65% dark chocolate couverture** disk between two layers of **Inaya™** mousse.

Serve between 71.6-75.2°F/22-24°C.





## Alunga<sup>™</sup> 41% milk chocolate couverture

#### Makes 25 tartlets

Sweet Dough		
Mix	125 g	Butter
	185 g	Icing sugar
	1 g	Salt
	1 g	Liquid vanilla
Add	25 g	Ground almonds
	210 g	Flour
	1 g	Yeast
Followed by	50 g	Eggs
Dell aut the meeting to 90 meeting die		

Roll out the pastry to 80 mm in diameter.

Line the mould with a strip of Fiberpain. Bake at 329°F/165°C.

<b>Alunga</b> ™ Ganache		
Bring to a boil	400 g	Cream
	100 g	Butter
	40 g	Glucose syrup
At 158°F/70°C, pour over	360 g	Alunga™ 41% milk chocolate couverture

Mix the cream with the Alunga<sup>™</sup> 41% milk chocolate couverture, emulsify the ganache in a food processor.

### DECORATION

Spread the crystallized Alunga™ 41% milk chocolate couverture onto an acetate sheet and cut out 90 mm diameter disks. Cut out piping nozzles of different size.

Make your tartlets using dark Inaya $^{TM}$  chocolate converture

## INAYA<sup>™</sup> GANACHE

Bring to α boil	500 g	Cream	
	80 g	Butter	
	25 g	Inverted sugar	
At 176°F/80°C, pour over	400 g	Inaya™ 65% dark chocolate couverture	

Mix the cream with the  $Inaya^{\tt M}$  65% dark chocolate couverture, emulsify the ganache in a food processor.

### DECORATION

Spread the crystallized Inaya<sup>™</sup> 65% dark chocolate couverture onto an acetate sheet and cut out 90 mm diameter disks. Cut out piping nozzles of different size.





## AYERED CAKE

#### Makes approximately six 14x14 cm desserts

## Light Hazelnut Biscuit

Whisk cold	150 g	Ground hazelnuts		
	150 g	Caster sugar		
	125 g	Eggs		
	80 g	Egg yolks		
Add	120 g	Sifted flour		
Whisk	225 g	Egg whites		
	100 g	Sugar		

Add the beaten egg whites to the first mixture. Cook for 15 minutes at 356°F/180°C.

### **Alunga**<sup>™</sup> Ganache

Bring to a boil	200 g	Cream		
	200 g	Milk		
	140 g	Glucose syrup		
Pour over	450 g <b>41% Alunga™ milk chocolate couverture</b>			
Mix the cream with the <b>41% Alunga™ milk chocolate couverture</b> . Emulsify the ganache in a food processor.				

Pour into 8 mm high square moulds. Freeze, then cut into 12 cm squares.

## Alunga™ Mousse

Bring to a boil	430 g	Whole milk
Pour over	450 g	41% Alunga <sup>™</sup> milk chocolαte couverture
At 95°F/35°C add	1200 g	Soft whipped cream

## **Alunga™** Glaze

Cook at 217.4°F/103°C	150 g	Water		
	300 g	Sugar		
	300 g	Glucose syrup		
Pour over	100 g	Unsweetened condensed milk		
	100 g	Sweetened condensed milk		
Add	300 g	41% Alunga™ milk chocolαte couverture		
Add	17 g	BLOOM 200 gelatin powder		
	102 g	Water for hydrating		

Mix. Place in the refrigerator for 24h. Use at 86°F/30°C.

## Add character to your desserts with Inaya<sup>TM</sup> dark chocolate converture

Inaya™ Ganache			Inaya™ Mousse			
Bring to a boil	350 g	Cream		Cook at 249.8°F/121°C	220 g	Sugar
	50 g	Milk			100 g	Water
Whiten	70 g	Glucose syrup		Pour over	90 g	Eggs
	40 g	Egg yolks		Poul over	180 g	Egg yolks
Cook at 185°F/85°C			Beat the	900 g	Whipped cream	
Strain and pour over. Blend	170 g	65% Inaya™ dark chocolate couverture		mixture and at 95°F/35 °C, add	550 g	65% Inaya™ dark chocolate couverture

## INAYA<sup>™</sup> GLAZE

Same process as Alunga<sup>™</sup> glaze except for: Add 15 g Gelatin powder (instead of 17g) and 90 g water for hydrating (instead of 102 g)

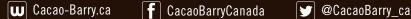


## CHOCOLATE ACADEMY<sup>™</sup> TRAINING CENTRE

Discover the skills of our Chef Philippe Vancayseele in addition to all our Ambassadors by participating in workshops organized by our Chocolate Academy<sup>™</sup> Training Centre.

You can also find all our recipes, tips and tricks of the trade including online demonstrations on our website.

## www.cacao-barry.ca



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